Women in Conservation Leadership

Building and Sustaining a Professional Network

March 19, 2020





#### Welcome!



**Kyra Butler** 

Webinar Host

Client Experience Associate, The Nebo Company



## How to participate in the webinar today

#### 1. We will keep participants on "Mute" during the webinar

#### 2. Participate by answering the "Polling" pop up on your screen

Opportunity to select a multi-choice answer and share with the group.

#### 3. Share your answers and questions in "Chat"

- When prompted by Nancy for ideas, please contribute your answers in the "Chat" function. Use drop down "to everyone" so all participants can see responses.
- We will save time at the end for Q&A. You can post your questions in "Chat."

#### 4. Troubleshooting

 For help at anytime during the webinar, please email Elizabeth Lillard at LillardE@nwf.org







#### **Elizabeth Lillard**

Women in Conservation Leadership Program Director,
National Wildlife Federation





#### **Nancy Lamberton**

Webinar Facilitator

Facilitator & Executive Leadership Coach,
The Nebo Company



## **Quick Centering Practice**

- Inhale, uplift through your spine.
- Think of someone/something that brings a smile to you.
- Long exhale down your front, softening (but not collapsing) your chest.
- Expand your personal space around you in all directions, filling the room.
- Settle and notice the space around you.

Wendy Palmer, Leadership Embodiment





## Weaving Connection in Times of Social Distancing

Especially in challenging times, it is critical that leaders have a network – that is diverse, select and reliable — to tap into.





#### Agenda

- Establish a new mindset: networks as leverage for leaders
- Understand the strength of your network and its gaps
- Discover steps to foster and sustain your network







## Many people hesitate to network. Why?



Use "Chat" to answer



## Common Misconceptions about Networking

- Takes too much time to foster and sustain connections
- It means asking for favors, which is uncomfortable
- Building networks is insincere and manipulative
- Need to be outgoing to be good at networking
- Best to nurture relationships with only the powerful, well-connected
- It's not real work





#### Reflection

What holds you back from networking and building connection?



#### Networking has greater significance now due to:

The impact of the internet

Career mobility

Globalization

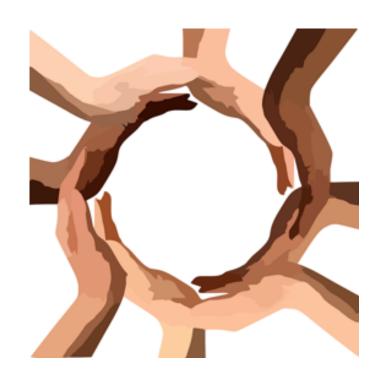
Our personal and professional lives have bigger and broader contexts.

Our networks are essential to delivering on our professional development and advancement strategies.



## Leadership and Networks

Successful leaders build connection with a select, diverse group of people and then leverage those relationships in a mutually beneficial way to achieve better outcomes and enhance well-being.





#### A New Mindset About Networking

Networking is helping people

Our networks give us the opportunity to connect and share with others for mutual benefit

Reciprocity is at the heart of good networking



## Be purposeful about building your networks

Identify your needs and desired outcomes Analyze your current network Limit energy-sapping connections Diversity by filling gaps in your network Capitalize by using contacts effectively



#### Discover your connections

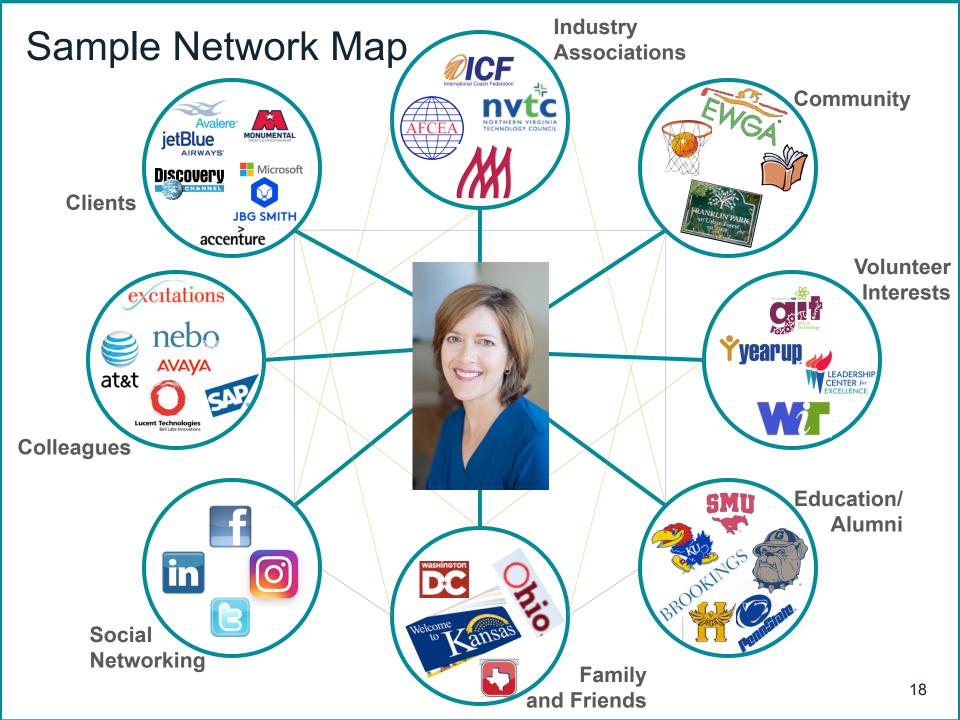
Most of us naturally seek connection – who are yours?

What support or resources do you need? Who can provide assistance?

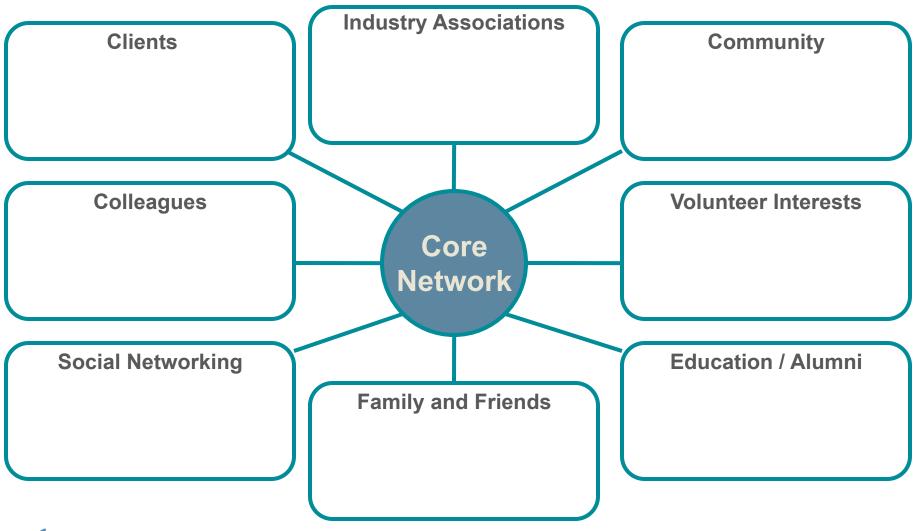
What can you contribute to others?

Strong networks increase your ability to make things happen for yourself and others





## Exercise: Identify Your Networks





## Bigger is not necessarily better

Leaders, who consistently rank in the top 20% of their organizations in both performance and well-being, have diverse but select networks

Source: "A Smarter Way to Network," Cross and Thomas, HBR (Jul-Aug 2011)







# Who should be in your core network?

Offers new information, expertise, contacts or perspective Offers developmental Offers political support, feedback, push to be resources, mentoring better Core **Network Provides personal** Promotes work/life support and balance; well being encouragement Adds to sense of purpose and self-worth



## Evaluating the Strength of Your Network

Choose the Strongest and the Weakest aspect of your network in providing the following support:

Advocacy
New ideas, innovation and inspiration
My well-being
 Introductions to new contacts
 My career aspirations
An outside perspective
 A sense of purpose
 Encouragement
Constructive feedback, challenge
My growth and development as a leader of a nursing college











# What has worked for you in making connections?

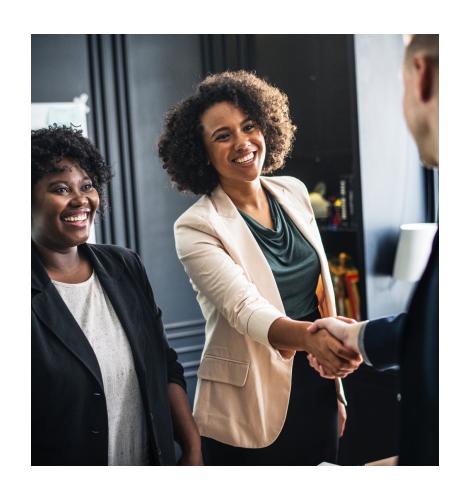


Use "Chat" to answer



## Tips for Building Connection and Your Network

- Actively seek connections to fill gaps in core network
- Be authentic
- Ask for introductions
- Let people know what you need; make requests
- Follow up on commitments
- Ask how you can help or reciprocate
- Show appreciation





## Leveraging Your Network

- What is one important thing that you want to accomplish, where you could use support or resources?
- Consider your current network:
  - Who might be of assistance?
  - If no one comes to mind, who might provide a connection outside of your network?
- How might you use the Women In Conservation Leadership network for support or resources in this endeavor?



# Sustain your network and keep your connections alive

- Be intentional in making time for your core network
- Edit your networks limit contact with people who sap your energy and distract from your goals
- Find ways to reciprocate
- Be a connector



Nurturing your connections provides mutual support, inspiration, learning and enjoyment!



#### Set an Intention

What can you do to nurture your connections during this time of social distancing?

Use "Chat" to answer



# Raft Up!

There's safety in numbers. (Virtual, digital connection)

Resilience, too.

Not to mention inspiration and mutual support.

Go start a group.

Find the others.

Learn together. Meet regularly.

If you start the group, you won't be left out...

Seth's Blog by Seth Godin (3/18/20)



# What questions do you have?



Use "Chat" to answer



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Designed for leaders – from team leaders to senior executives – Nebo is offering four complimentary 45-minute webinars over the next few weeks. Join us for one or all of the webinars!

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- Webinar 1: Social Distance, Emotional Connection March 27<sup>th</sup>
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- Webinar 4: Insider's Guide to Leading in Uncertain Times May 8<sup>th</sup>

Go to nebocompany.com/virtual to register



## Recommended Readings

- "A Smarter Way to Network," *Harvard Business* Review, Rob Cross and Rob Thomas (July-August 2011)
- "How Leaders Create and Use Networks," *Harvard Business Review,* by Herminia Iberra and Mark Hunter (January 2007)
- "Beyond the Myth of the Perfect Mentor: Building a Network of Developmental Relationships," Harvard Business School Class Discussion, Linda Hill and Nancy Kamprath (1998)
- Great Connections: Small Talk and Networking for Business People, Anne Baber (1992)
- Through the Labyrinth: The Truth about How Women Become Leaders, Alice H. Eagly and Linda L. Carli (2007)
- Dare to Lead, Brene' Brown (2018)



# Thank you!

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